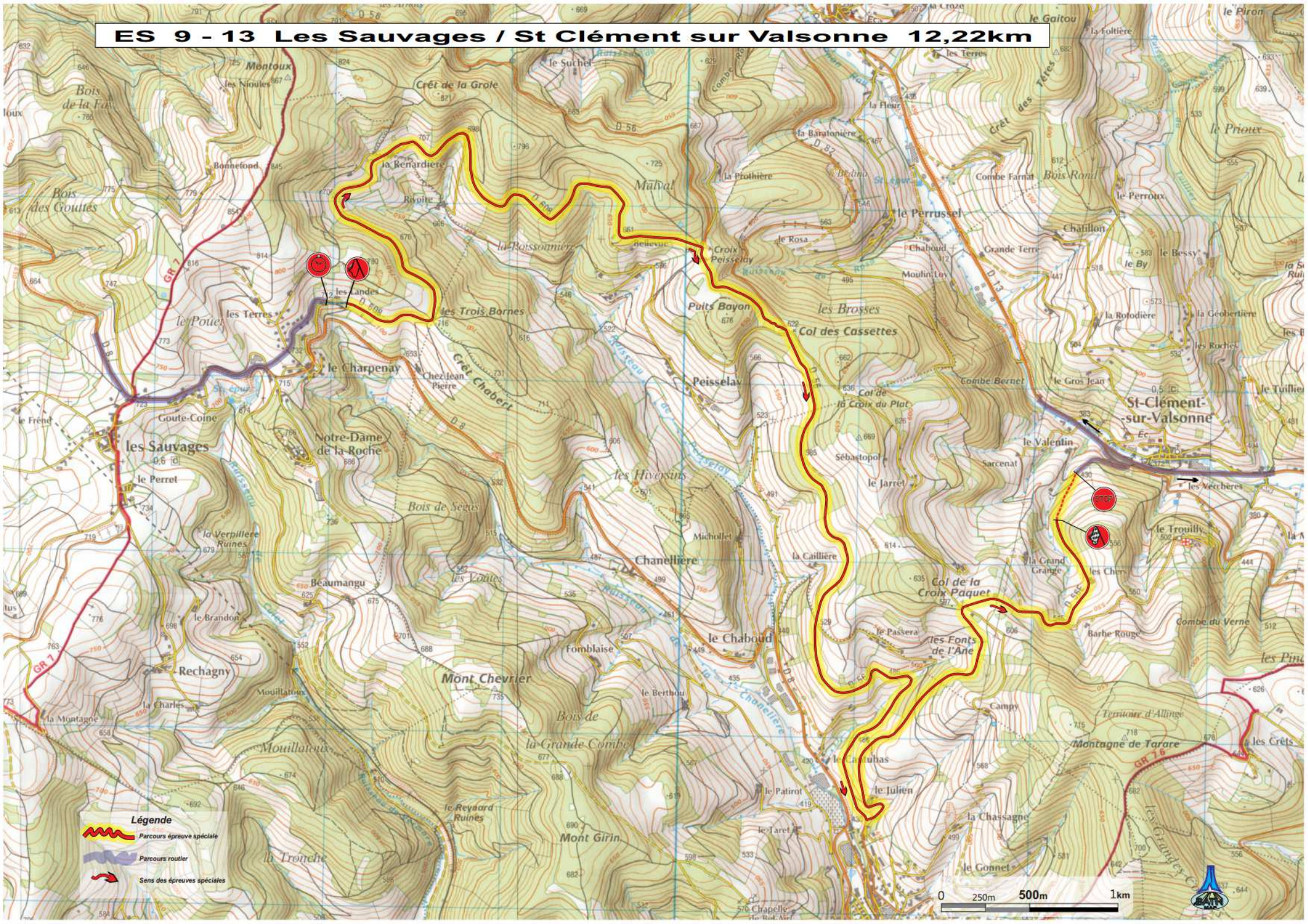ES 9 - 13 Les Sauvages / St Clément sur Valsonne 12,22km